



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SERVING THE COMMUNITY THROUGH WATER SAFETY

HEALTH, WELL-BEING & FITNESS

Lifeguard Training

MARION FAMILY YMCA

Where

Marion Family YMCA

Cost

Member: \$250.00

Program Participant: \$275.00

When

April 28th 2:30pm- 8:30pm

April 29th 7am- 6pm

April 30th 9am-1pm

Deadline to sign up is Monday April 17th for April class.

May/June Class:

May 30th –June 2nd 9am-3:30pm

Deadline to register for class is Monday May 22nd

- **Note each class is limited space to the first 10 participants.**

Additional Info:

This is a Red Cross Lifeguard Certification. Participants must be 15 years or older by the first day of the class in order to take the course. Participants must attend ALL class dates and times to be for successful certification. Book will be provided at the first day of class. There will be small breaks throughout the class bring suit and lunch. Online learning will be sent out prior to the class.

Prerequisites:

Participants must complete the following Physical Competency Requirements on the first day of class to be eligible for certification:

Swim 300 yards of breaststroke and freestyle continuously without stopping. Participants must also be able to dive to the bottom at a depth of 7-12ft retrieve a brick swim on the back 15yds.