



Newsletter for YMCA Members
and Friends

June 2017

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marionymca.org

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Y CLOSED ON MEMORIAL DAY

In honor of those who died
in service of our country,
the Y will be closed on
Memorial Day.

SUNDAY HOURS NOW NOON TO 8 PM

Stop by the Y after your
day at the park, zoo,

FACILITY IMPROVEMENT UPDATE! OUTDOOR PATH WORK UNDER WAY.

Park Enterprise Construction has started work on our outdoor community path. The path will be approximately .5 miles in length. It will be made of crushed gravel; and will weave in and around our sport fields and community garden.

We anticipate the path to be completed by early August. Until then, **the sport fields are closed for all use.**



Our "WE'RE HERE FOR GOOD" Capital Campaign raised \$2,005,000 towards our goal of \$2 million. The majority of funds will be used to reduce the remaining \$5.4 million debt on our building. Approximately \$470,000 will be used for facility improvement. We've already added a restroom on the 2nd floor, replaced the 8 lane pool lights, replaced flooring in Wellness Center, upgraded our Kids Gym, and added fitness equipment. If you'd like to make a contribution to these capital efforts, please contact [Theresa Lubke](#).

SUMMER SPORTS CAMPS MARION FAMILY YMCA

baseball game or the lakes.

Sunday Child Watch

1:00 - 4:00 pm

BARKS ROAD CLOSED JUNE 5 - AUG. 15

between Lake Blvd &
Forest Hill Drive

ODOT has notified us that Barks Road between Lake Blvd & Forest Hill Drive will be closed for work on bridge over Qu Qua Creek.

[Read ODOT announcement here.](#)

SUMMER FUN STARTS HERE!

Session
begins June
5, 2017



Youth Strength Training (Ages 6-13)

This class is for kids that are interested in learning how to begin their strength training program. The participants will build strength through the use of dumbbells, barbells, resistance tubes and the STRIVE equipment in the Family Wellness Center.

Tuesday & Thursday 5:45-
6:30pm Family Wellness
Center

FEE: Members: \$10 Program
Participant: \$22

KIDS KICKBOXING (Ages 6-14)

Bring your own gloves to this 30 minute cardio workout for kids!

Tuesday & Thursday 5:15 -
5:45pm Kickboxing Room
FEE: Members: \$10 Program
Participant: \$22

WE NURTURE THE POTENTIAL OF EVERY CHILD

Sports are one way the Y nurtures the potential of youth and teens. Youth sports provide a structured opportunity for kids to learn the game, improve technique, stay active, build social skills, gain confidence and develop leadership.



Volleyball Camp (Ages 7-12)

Football and Agility Camp (Ages 6-9/ 9-14)

Soccer Camp (Ages 6-9)

Soccer Camp (Ages 10-15)

Basketball Camp (Grades 3 & Up)

[Click here](#) for more information and to download the registration form.

SUMMER SAFETY AT THE Y

We love summer when the Y is full of kids. To help protect children & all of our members, below are some of our policies & procedures for all members & guests to follow:

- Children ages 8 & younger must be enrolled in a Y program, in Child Watch or accompanied by an adult.
- Children ages 8 & younger (or older non swimmers) who are swimming, must be accompanied by an adult in the water.
- Youth 17 & under must take a swim test prior to swimming in the deep end.
- Youth 14 & older may use the main Wellness Center & participate in adult group exercise classes.
- Youth ages 9 and older are encouraged to use the Family Wellness Center, but must complete an Iron Kids Orientation first (no cost, sign up at Service Center).
- Guests under age of 18 must have a parent or guardian sign a Participant / Guest Form prior to visiting the facility.
- Adult guests must present a photo I.D. each time entering the facility.
- All members must scan in at Service Center. Please let us know if you have children under age 8 with you & we will check them in manually.
- Everyone should always lock personal items in a locker & never leave items unattended or

READY FOR RECESS

(Ages 4-7)

Learn the basics of fitness in this instructor led upbeat class. Kids will stretch and warm up for fun fitness and games to get their mini workout in this 30 minute class.

Tuesday & Thursday 4:30 - 5:00pm AS3
FEE: Members: \$10 Program
Participant: \$22

Sign up
at www.marionymca.org or
stop by the Y today!

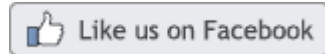
Our Mobile App has an updated version 10.0.1.

Go to your App Store to update today!

Now you can get Y information when you want it, where you want it. Our mobile app includes these features:

SCHEDULES
Y PROGRAMS & EVENTS
Y FACILITY STATUS
Y CHECK-IN

*Go to your App Store or
Google Play and search Marion
Family YMCA*



The Marion Family YMCA has a Page on Facebook. Find our page with the link above and "like" us for regular updates on what's happening at your YMCA.

unlocked.

- Cell phones & other devices with cameras are not allowed in locker rooms.
- Adult locker rooms are for members & guests age 18 & older - no exceptions.

Your cooperation with these & other policies helps keep everyone safe and having a great time at the Y. Thank you.

Word from Theresa

Summer is here and Day Camp starts in just over one week. My first Y Day Camp experience was when I was about ten years old. I was immediately hooked on Y Camp. I went to Y day and resident camp every summer through Jr. High and then started working at Y camps. What I loved: meeting new people & making new friends, being outside, singing silly camp songs, and feeling accepted for who I was without some of the "in crowd".

Next week is staff training for our Summer Day and Preschool Camps. I'm looking forward to meeting the staff and helping prepare them for a great summer. We are designing camps that give children the opportunity to experience achievement and belonging, and also to reduce summer learning loss. Of course, camps are also designed to have campers make new friends, be outside a lot, sing camp songs & play camp games, and be accepted for who they are.

Thank you to our Annual Campaign volunteers and donors for raising \$100,998! Funds raised help with our financial assistance program. This includes providing financial assistance with Summer Camp fees for families who demonstrate financial need. I went to camp with the help of financial assistance. I am a testament to the impact your gifts can have. Thank you.

Theresa Lubke
Executive Director

[Click here to donate to our Annual Campaign.](#)

Thank you.