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Newsletter for YMCA Members
and Friends

October 2016

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marionymca.org
[Fall Resource Guide](#)
[October Free Classes](#)
YMCA Capital Campaign Book

Sign up for Fall II classes today!

Fall II classes start
October 31, 2016

Sign up on line for some
classes
at www.marionymca.org or
stop by the Y. To view the fall
program guide, [click here](#).

CAPITAL CAMPAIGN IMPROVEMENTS HAVE BEGUN

Our first two Capital Campaign improvements are complete. Because of you, our members have an improved aquatic environment and improved Wellness Center.



W. KEITH DAVIS NATATORIUM

The **8 Lane Pool has new lights!** If you haven't seen the beautiful blue water and bright aquatic environment, stop in and take a look. Our new lights were economical to purchase and install; and are much more efficient than the original lights. Thank you!



WELLNESS CENTER

The second improvement is **new flooring in the Wellness Center**. This large section of the Wellness Center now matches the rest of the room. This new floor provides a softer and cleaner environment for our members. Thank you!

UPCOMING 8 LANE POOL CLOSING-SWIM MEET

Saturday, November 12-
7:00am until meet is over

MARION FAMILY YMCA INDOOR TRIATHLON.... COMING IN NOVEMBER!

The triathlon will have
several
different
categories
to choose
from.



You will
receive a card to record
your mileage and have the
month of November to
complete.

Check at the Service
Center or on our website
in the next few weeks for
more details.

The triathlon is sponsored
by *SilverSneakers Fitness*.

WHAT ARE OUR MEMBERS SAYING ABOUT OUR Y?

*"You have a variety of
classes to offer and a
nice running track!"*

*"The atmosphere is very
friendly and there is
pretty much everything
you need to work on
your physical health."*

*Do you have a story about
why you come to the Y? What
inspired you to come to the
Y? What do you and your
family like about our Y?
Share your experience, your
fond memories, your passion,
or what keeps you coming
back! email to
[cquyton@marionfamily
ymca.org](mailto:cquyton@marionfamilyymca.org) or drop off at the Y.*

MARION FAMILY YMCA

YOUTH BASKETBALL

FALL II

SWIM, SPORTS & PLAY YOUTH BASKETBALL LEAGUE

*It's that time again, Basketball
Season!*

Program focuses on teaching the
players the basic skills, teamwork
& sportsmanship.



All participants will play equal
time. *Practice will be held once a
week at each team coach's discretion*

**Season Dates: October 22- December 10,
2016 Ages 5-6 / 7-8 / 9-12**

FEE: Members: \$35 Program Participant \$60

Pictures may be purchased for an additional fee.

Registration Deadline October 15, 2016 Price

includes: Basketball shirt and awards.

*Late registrations will be accepted on a space available
basis with a \$10 late fee.*

LOCATION: Practice and games will be held at the
Marion Family YMCA-WOPAT YMCA Center.

PRACTICE AND GAMES: Practice on one evening
per week, at each coach's discretion. Games will be
played on Saturdays.

[Click here to download the registration form](#)

SCHOOL DAYS OUT

The Y is the place to be when school is out.

Swimming, crafts, games nutrition,
and character development are just a
few activities that will be offered
each day. Children need to bring a
swimsuit, wear comfortable shoes,
and be ready for an educational and
fun filled day.



October 21, 2016

Lunch & afternoon snack are provided.

Ages 5 - 12 years

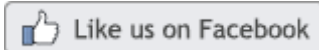
7:30am - 5:30pm

Members: \$5

Program Participant: \$15

[Click here to download the form](#)

Word from Theresa



The Marion Family YMCA has a Page on Facebook. Find our page with the link above and "like" us for regular updates on what's happening at your YMCA.

Thank you to Barb Beekman, our long time custodian, who retired last week after 19 years of service to our Y. On her last day, members and staff celebrated with her. There were tears, hugs and well wishes. Barb was more than a custodian. She was a friend to many of our members. They had shared the ups and downs of their lives for nearly two decades. If you didn't get a chance to say good-bye, don't worry, you were well represented by the many members who joined the celebration.

As last week brought an ending with Barb's retirement, it also brought a beginning of sorts. Pioneering Healthier Communities - Marion (PHC) is beginning the next phase of our work. PHC is a community coalition with shared passion and interest in achieving a community that creates opportunities for everyone to be as healthy as they can be. The YMCA is pleased to be part of this coalition. PHC has experienced success over the last five years in influencing policy, system and environmental changes that created opportunities for healthy behavior. Now, we're ready to start the next five years as we work towards a vision of a community culture that prioritizes, values, and promotes equitable opportunities for everyone in the community to have a healthy lifestyle and be as healthy as they can be.

As always, thank you for being a member of the Marion Family YMCA.

Theresa Lubke
Executive Director

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