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marionymca.org
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LEARNING TEAMWORK, HAVING FUN Youth Basketball League

Season Dates:
Jan. 13 - Feb. 24, 2018
Ages 5-6 / 7-8 / 9-12

FEE: Household Members \$30
All Other Members: \$35
Program Participant: \$60
Pictures may be purchased for an
additional fee.

Registration Deadline January 8, 2018. Fee
includes: Basketball Reversible shirt and awards.

Late registrations will be accepted on a space
available basis with a \$10 late fee.

\$5 OFF FOR REUSING PREVIOUS JERSEY
[Click here to download registration form and more
details](#)



FREE School Days Out

for children who are part of a Household
(family) membership

Exercise Schedule

[Nationwide Membership Information](#)

ALWAYS WELCOME IN EVERY COMMUNITY

Traveling? Commuting?

We want you to take advantage of the Y wherever you live, work or travel.

The Marion Family YMCA is participating in Nationwide Membership.

[Click here for important details.](#)

As part of the Marion Family YMCA's participation in Nationwide Membership, we will be sharing data with YUSA. We will also be continuing our practice of completing sex offender screening on all members. To view our privacy policy, [click here](#)

SWIM MEETS

UPCOMING 8 LANE POOL CLOSINGS FOR MEETS AND HOLIDAY CLOSINGS

Wed. Dec. 6 6pm
Sat. Dec. 9 11am
Wed. Dec. 20 6pm

[Click here to view Swim Meet Closures for the 8 lane pool](#)

FACILITY HOLIDAY CLOSINGS

Christmas Eve: Sunday, Dec. 24
Closed

Christmas Day: Monday, Dec. 25
Closed

New Year's Eve: Dec. 31 Open 12:00 - 6:00pm

New Year's Day: Jan. 1 Open 10:00am - 2:00pm

THE NEW EQUIPMENT HAS ARRIVED!!!!

Stop by the Y and check out our 10 new treadmills,

Ages 5 - 12

7:30 am - 5:30 pm

See Registration Forms for fee and registration requirements.

December 20 - 22 and December 26-29
[Download registration Form](#)

Jan 2, Jan 15, Feb 19, Mar 2, Mar 26,
April 16 [Download registration Form](#)

STAYING HEALTHY, STAYING YOUNG [Adult Volleyball League](#)

The Marion Family YMCA will be hosting an Adult Volleyball Recreation League January 7 through February 25.

Ages 18 +

Cost per person for the full 8 week league:

Member : \$25.00

Non Member: \$40.00

Games on Sunday evenings from 5:00 pm to 7:30 pm

Registration currently open (Ends Dec 29)

[Click here for more details & the registration form.](#)

OhioHealth and the Y are partnering up for bone health.

Making Bone Health Wellness a priority in your everyday activities and fitness program.

This program will be lead by certified OhioHealth PT's. Who should attend? Individuals with osteopenia or osteoporosis and/or those who are interested in enhancing knowledge of overall bone health.

What is the program? A four-part series that focuses on bone health and how to incorporate safe practices and modifications into your daily activities, workouts/fitness endeavors and hobbies.

When is it? Jan. 18, Jan. 25, Feb 1, and Feb. 8
2:30 - 4:00pm

[Click here for more information](#)

SANTA IS COMING TO THE MARION FAMILY YMCA



5 upright exercise bikes and 5 recumbent exercise bikes!



New Check In Procedure for Spectators

The Marion Family YMCA encourages parents and families to be involved and become part of the Y community through supporting their children in Y classes, practices and games. Parents of children enrolled in a Y class or program are welcome to come and observe.

For safety reasons, we require everyone to stop at the Service Center (front desk) and check in. If you are a member, please make sure you stop and scan your card. If you have children with you that don't have their own cards, please tell a staff member who else we should check in to the facility.

Please [click here](#) to read our new procedure for spectators, who are not also members, to check in to the facility.

cartoon_santa_wave.jpg

Saturday, December 9
10:00 - 12:00pm

Visit Santa, decorate a cookie, play games and make a craft!



Word from Theresa

This is a time of year for giving. I give thanks for my family and friends. I also give thanks for you, our members. As a member of the Y, you are part of an organization with a purpose and a cause. Our cause is to strengthen the Marion community - to create a better us. You are contributing to this cause.

You contribute when you come in the Y and say hello to a member you don't know. You contribute when you welcome someone new into a group exercise class you attend. You contribute when you engage a young member in a conversation ... and the list goes on and on. Thank you for this contribution.

Now, I'm asking you to do more. Please consider making a charitable contribution to the YMCA at this time of giving. Your gift stays in Marion. It helps all in Marion connect to the Y. Your gift helps create a better us.

[The Y. For a Better Us Short Film](#)

[Click here to donate.](#)

Thank you,

Theresa Lubke
Executive Director

Marion Family YMCA, 645 Barks Road East, Marion, OH 43302

[SafeUnsubscribe™ {recipient's email}](#)

[Forward email](#) | [Update Profile](#) | [About our service provider](#)

Sent by cguyton@marionfamilyymca.org in collaboration with

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