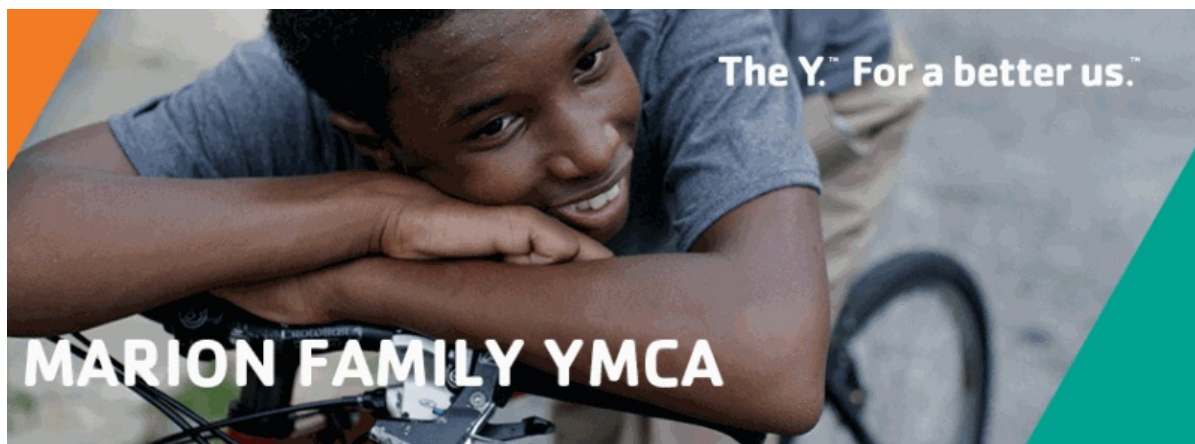


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Newsletter for YMCA Members
and Friends

December 2016

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UPCOMING 8 LANE POOL CLOSINGS FOR MEETS AND HOLIDAY CLOSINGS

Saturday, December 3:
11:30am-until meet is over

HEALTHY FOR LIFE ACTIVE OLDER ADULT OPEN HOUSE

WHEN: December 8, 2016

WHERE: Marion Family YMCA

WHEN: 8:00 - 12:00PM

Tours of the facility, raffle prizes and refreshments available from 8-12PM



Come and join us for this fun and free event on Thursday, December 8 from 8am-12pm. The event will include information on what the YMCA can offer you for your fitness journey whether it is playing pickleball with friends, attending a line dancing or Silver Splash class, getting enrolled in the YMCA Diabetes Prevention Program or Livestrong at the Y for cancer survivors or just enjoying a walk on the track or a swim on one of the two pools.

[Click here for more details and the schedule of events](#)

SANTA IS COMING TO THE MARION FAMILY YMCA

Saturday, December 10
2:00 - 4:00pm

All Ages Welcome!
Open Gym Time
Open Swim in Small Pool &
8 Lane Pool



Visit Santa, decorate a cookie and make a craft!

Wednesday December 7:
6pm-until meet is over

Wednesday December 14:
6pm-until meet is over

Wednesday December 21:
6pm-until meet is over

FACILITY

HOLIDAY CLOSINGS

Christmas Eve: Dec. 24
Close at 1:00pm

Christmas Day: Dec.25
Closed all Day

New Year's Eve: Dec. 31
Close at 6:00pm

New Year's Day: Jan. 1
Open 10:00am - 2:00pm

GIVE THE GIFT OF WELLNESS & HOLIDAY SPECIAL

Thinking about your holiday shopping?
Give the gift of Wellness

- Y Memberships
- Swim Lessons
- Youth sports
- Child Watch Passes
- [Holiday Passes](#)

SCHOOL DAYS OUT

The Y is the place to be when school is out.

December 21 - 23

December 26-30

Lunch & afternoon snack are provided.

Ages 5 - 12 years
7:30am - 5:30pm

Members: \$5

Program Participant: \$15

NEED NEW FORM

[Click here to download more information](#)

DROP IN SUPERVISED GYM GAMES EVERY MONDAY



Monday's, from 4:15 - 7:45pm (North Gym)

Y SWIM LESSONS *All New Curriculum* **STRONG SWIMMERS** **CONFIDENT KIDS**

At the Y, we believe swimming is a vital life skill. Our swim lessons prepare kids of all ages to stay safe and have fun in the water, building strong swimmers and confident kids.



The Y's new swim lessons are arranged by numeric levels (no more aquatic fish names). Within the levels, swimmers will learn skills such as personal safety, being comfortable under water, being comfortable above the water, breathing control, and other fundamental swimming skills to use throughout their lifetime.

Classes are divided accordingly by skills, not by age. It is important to assess your child's skill level before signing up for swim lessons. It is essential that your child attend a Skill Testing Session. It is also essential that you attend a Parent Orientation. Once your swimmer has been assessed and you've attended an orientation, you need not do this again unless you want your swimmer reassessed.

[Click here to read the entire parent swim lesson letter](#)
[Click here to view the times and date for the skill testing sessions for preschool & youth](#)

We are looking forward to the new Y Swim Lessons and hope to see you there!

MEET THE JONES FAMILY

The Jones Family had a difficult year, but, the Marion Family YMCA has made a difference in their lives.

When Mr. Jones lost his job last summer, he already was upset that his two sons would not be able to play youth sports at the Y. A friend told him about our financial assistance program.



He applied for assistance and was accepted. If it was not for the assistance, his boys would not have been able to play ball at the Y. The boys have met so many new friends and learning how to work with other kids. They love coming to the Y. Thank you Marion Family YMCA.

ADULT BASKETBALL

Adult basketball is open for anyone 18 and over. This is a great way to stay fit and build relationships. Get your friends and co-workers together and come play!

Register your team by turning in a completed roster form, and payments to the Member Service Center. Certified

AGES 7 - 10 YEARS OLD

Youth will enjoy a wide variety of activities during this **FREE** drop in program. Y Kids Drop In offers supervised activities for youth while parents may access the work out areas or fitness classes.

BENEFITS OF YOUR MEMBERSHIP

The Y, is committed to more than simply becoming healthier. Not only are you getting healthy but, supporting the values and programs that strengthen your community.

Below are just a few of the Y's benefits that come with a membership:

*State of the Art Fitness Center with **FREE** orientation coaching sessions*

*Over 60 hours per week of **FREE** Fitness Classes for participants of all levels and all interests*

Access to ALL Y's in Ohio making sure you continue to be involved wherever you may travel or work

Discounted Youth Programs to help your child build self-esteem and good character

Only Indoor Track in Marion for you who want to walk, run or talk beside a friend

Two Indoor Pools with a variety of swim lessons and workout classes

Two Full Size Basketball Courts with plenty of open court time and family time

Over 50 hours per week of Child Watch available in a fun and safe environment

officials for all games. Sign up as a team or individual. 6 Weeks, plus a post-season tournament

Starts Jan. 14, 2017
Games begin at 5:00PM on Saturdays
Team Fees:

Team registration: \$40
Members: \$45 Program Participation: \$60

[Click here](#) to download the form

Contact Korbin Evans for more information at kevans@marionfamilyymca.org



YOU MAKE A DIFFERENCE Word from Theresa

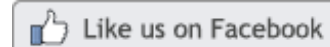
You make a difference at the Y and in our community. When you're a member of the Y, you're a member of a diverse community of people committed to youth development, healthy living, and social responsibility. The Y believes in the transformative power of community to help youth to reach their full potential, to create health and well-being for all, and to provide opportunities to give a helping hand when one is needed. Doing so makes us all stronger. Thank you for being a Y member.

You can do more. **A charitable donation** to the Y helps children build self-confidence, people with chronic disease improve their well-being, and older adults maintain social connections. A charitable donation to the Y helps families in financial distress play together, preschoolers get ready for a lifetime of learning, and teens develop leadership skills.

Please consider **a Giving Tuesday or year-end gift** to the Marion Family YMCA.

Thank you.

Theresa Lubke
Executive Director



The Marion Family YMCA has a Page on Facebook. Find our page with the link above and "like" us for regular updates on what's happening at your YMCA.

